



QACHS ATHLETICS

FEBRUARY 7, 2019 PAGE 3 OF 3

Queen Anne's County High School

125 Ruthsburg Rd
Centreville, MD 21617

Phone: 410-758-0500
Fax: 410-758-4454

BASKETBALL

Boys' Basketball upset the visiting Elkton Golden Elks. This was a classic game of basketball between two competent teams. The team's next game will be this Saturday at Chesapeake against Crisfield. JV will play at 3 and varsity at 4:30.

Girls' Basketball hosted Annapolis Area Christian School yesterday evening for their senior night game. Despite being down by 11 at one point, the team managed to take the lead by 2 points with just two seconds left on the clock. AACCS was unable to make a long shot in such a short remaining amount of time, clinching a victory for our girls. Congratulations on a big win! Because of this win, we remain tied with Easton for the north. The girls will travel to North Carolina on Tuesday next week.

UNIFIED STRENGTH AND CONDITIONING

The Unified Strength and Conditioning team won the state championship! They brought home the gold after competing Tuesday at Chesapeake College! Huge congratulations are in order to the team and coaches!

Mr. David Wagner, Athletic Director

ATHLETIC DEPARTMENT NEWS

SPRING SPORTS ORIENTATION

Spring sport orientation will take place February 13th at 6 PM in the auditorium. It is strongly recommended that all athletes, both new and experienced, attend this meeting to learn about changes to the registration process, learn basics about athletics and meet the coaches. Parents and athletes, please plan to attend.

SPRING SPORTS REGISTRATION IS LIVE

(PLEASE READ THIS SECTION IN ITS ENTIRETY)

Before an athlete can participate in any team events, they will need to be fully registered through FormReleaf and have a current physical on file. If this is the first sport your athlete is playing, parents will need to create an account at:

<https://app.formreleaf.com/signup>

After you create your account, find "QACHS Spring Athletics Registration" from the list and complete the forms with your athlete. Please note that a parent or guardian must complete the application, as electronic signatures are required. If you have already created an account, simply log back in and sign your athlete up for the new program. Weightlifting and Conditioning is being limited to 60 spots on a first-come-first served basis.

PHYSICALS

Please remember that students will also need a hard copy of their physical. All physicals are good for one year. If an athlete has already submitted a physical for another sport this year they do not need another one.

-NEW- REGISTRATION DRIVE -NEW-

All athletes are required to attend a registration drive followed by individual team meetings on February 28th directly after school. This is a new procedure that will assist teams in efficiently checking registrants, distributing equipment and setting a positive tone for the season.

-NEW-NO LATE REGISTRATION-NEW-

Spring sports will begin with the registration drive February 28th and practices beginning March 1st. There will be no late registration after March 8th. Individual teams may fill up faster. Please have your registration materials fully submitted on time. Athletes cannot begin participating until all their paperwork and forms are properly submitted.

For all Athletic Department questions or concerns, please email

Dave Wagner at:

dave.wagner@qacps.org

Amy Hudock, Principal

Tracy Kenna,
Academic Dean

Cassandra Cornish,
Assistant Principal

Jon Marketto,
Assistant Principal

SWIM TEAM

The swim teams competed at the Bayside Championship meet this past weekend.

Congratulations to McKenzie Hemingway who is this year's Bayside Champion in the 100 free and 100 breaststroke, setting Bayside records for both. We had three additional recognitions of Julia Redpath, Brian Arnold and Austin Weller. Congratulations to our teams! Their next meet is the Regional Championship on the 16th.

INDOOR TRACK

The Indoor Track team had great success this week with Aryelle Miles earning the top spot as our Regional Shot Put Champion!

ATHLETIC BOOSTERS

If you are interested in joining please contact Frank Plummer at: fplummer2739@yahoo.com They meet monthly and are in need of help to continue providing for our programs. If you are interested in donating, please follow this [link](#). The boosters will next meet on February 25th at 5 PM. We hope you join us!