

Do You Need Help During COVID-19?

DOMESTIC VIOLENCE



Are you experiencing physical, emotional, and/or verbal abuse?

Is the abuse escalating - becoming more frequent or more violent?

COVID-19 is not an excuse for abuse.

Mid-Shore Council on Family Violence is
Open for Business 24/7/365

You are not alone.
Call us at 1-800-927-4673 or
Chat with us at www.msfcv.org

**CALL 1-800-927-4673
TO TAKE THE NEXT STEP
TO A SAFER LIFE**

MENTAL HEALTH CRISIS & SEXUAL ASSAULT



Are you or a family member experiencing depression, anxiety, or stress?

Have you experienced sexual assault or rape?

For All Seasons offers mental health services to individuals (all ages), families, and couples:

- Therapy or psychiatry through telehealth or in-person appointments
- Crisis and urgent care appointments
- 24-Hour rape crisis response, counseling and support

forallseasonsinc.org | 410-822-1018

**24-HR HOTLINES
Sexual Assault or Mental Health Crisis:**

English Hotline: 410-820-5600

Spanish Hotline: 410-829-6143

Text in English & Spanish: 410-829-6143

COMMUNITY ASSISTANCE PROGRAMS



Queen Anne's County Department
of Social Services

Are you worried about the safety or well-being of a child in your neighborhood?

Do you have an elderly or vulnerable neighbor who needs help?

Do you need emergency cash assistance to pay bills or purchase food? (eligibility requirements apply)

Do you need help with child support?

**HELP IS AVAILABLE. CALL TODAY.
410-758-8000**