



## Health Care Plan - QACPS Medical Diagnosis: Asthma

Student: \_\_\_\_\_

School & Year: \_\_\_\_\_

### Nursing Diagnosis:

- Alteration in respiratory dysfunction
- Ineffective airway clearance
- Alteration in breathing pattern
- Alteration in activity tolerance
- Self Care deficit r/t age, history, background, knowledge & school attendance
- Potential for noncompliance r/t psychosocial aspects

### Nursing Goals:

- Maintain baseline pulmonary function
- Prevent asthmatic episodes
- Student will recognize triggers & symptoms
- Student will seek help when signs/symptoms appear
- Treatment will be effective
- Student will be comfortable with self care by January 2022
- Student will have good attendance
- Student will have increase knowledge of asthma by January 2022

### Nursing Interventions:

- Observe respiratory pattern & rate
- Auscultate lung sounds & obtain pulse oximetry if ordered by physician
- Provide measures to relieve respiratory distress ex: position for comfort, upright position for lung expansion, provide a calm & reassuring environment, offer room temperature liquids, administer prescribed medications.

- Monitor for s/s of acute distress aeb but not limited to: cyanosis, stridor, increased pulse & respiration beyond normal limits, decreased breath sounds, change in LOC. Call 911, Call parents, notify principal & leadership team.
- SN will keep accurate records of medication administration, health visits r/t respiratory issue/concern visits.
- SN will inservice teachers & appropriate school staff on asthma symptoms, recognizing early symptoms/signs of asthma, prompt response & treatment, field trips expectations, & staff may be supplied videos/teaching material via Safe Schools from HR. ● Assist students in administering prescribed inhalers, use spacers if prescribed.
- Develop a plan for student with the student & parent/guardian in the event asthmatic episode occurs.
- Provide Emergency CarePlan Copies to teacher & bus driver -keep confidential

Expected Outcomes:

- Student will demonstrate improved respiratory function
- Student's treatment plan will provide respiratory relief, comfort, physical & behavioral improvement.
- Student will participate in activities, PE with the class & modifications will be done to accommodate students' medical diagnosis.
- Student will be able to define & identify asthma
- Teacher & appropriate school staff will be able to define, identify and act on asthmatic events.
- Student will be able to demonstrate proper prescribed medication administration by ( DATE).
- Students will be able to demonstrate compliance with asthmatic plan by (Date).
- Student will have minimal disruptions in academics r/t asthma.
- Student's parent/guardian will provide SN with up to date physician order for the school year
- Student's parent/guardian will provide SN with properly labeled medication as prescribed by the physician.
- Student parent/guardian will provide SN up to date medication, provide all equipment, such as but not limited to: spacer, inhaler, & nebulizer machine.

School Nurse Signature & Date: \_\_\_\_\_

Parent Signature & Date : \_\_\_\_\_