



CONFIDENTIAL

BHS adheres to federal and state privacy laws and holds client information in the strictest of confidence. Information about a client's problem cannot be released without the written permission of that individual.



PROGRAM COST

The EAP is a free benefit provided and paid for by your employer. All program services are therefore provided at no cost to the employee or family member.



ONLINE ACCESS

Information about your company's program as well as a wealth of health and wellness literature is available at www.bhsonline.com. Contact BHS for login information.



An EAP, or Employee Assistance Program, provides short-term counseling, resources and problem-solving techniques to help with work-life balance, wellness, work-related and personal concerns of any kind. Services are free, confidential and available to employees and their family members.

confidential assistance for problems of any kind

CONTACT US

24 hours-a-day
7 days-a-week
800.327.2251



ACCESS SERVICES

After calling BHS, you will be immediately connected to a Care Coordinator - a Master's level counselor. The Care Coordinator will assess the problem, assist with any emergencies and connect you to the appropriate resources. The Care Coordinator then becomes your personal point of contact and will keep in touch to ensure you are satisfied with all services provided.

PROBLEMS ADDRESSED

Work-Life Balance
Health/Wellness
Stress Management
Family Problems
Child Care/Elder Care
Substance Abuse
Marital/Relational
Legal/Financial Concerns
Grief/Loss
Work-Related Issues
Communication
And More...

NO PROBLEM IS TOO BIG OR SMALL FOR BHS. HOW CAN WE HELP YOU?
Contacting BHS is as simple as picking up the phone. Call 1.800.327.2251