

Follow us on  
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"The Family Center of QAC"



Enroll Today!  
Call us to schedule an  
appointment!  
410-438-3182

## OPPORTUNITIES FOR PARENTS & CHILDREN PRENATAL THROUGH THEIR 4<sup>TH</sup> BIRTHDAY

**Employment Readiness** – Career exploration, Resume & Cover Letters, Interviews, etc. We are here to help you become self-sufficient!

**ESL Class** – Our partners at Chesapeake College are proud to offer English Classes! Please call 410.829.6043 for more information or to register!

**Health & Safety Programs** – A variety of programs are provided by the QAC Health Department, Priority Partners and other community partners. Other health activities include Mental Health, Family Planning/Preconception Health, Cooking, and Exercise!

**Parent Advisory** – Join us to discuss our center! The Great, The Good, The Not-So-Great, & how to improve your experience with us! YOUR INPUT MATTERS!

**P.R.I.D.E.** – "Parenting Realistically with Intention, Determination, & Excellence" is a group discussion facilitated by our Mental Health Consultant that is geared towards promoting a healthy parent, a healthy child, and a healthy family.

**Coffee Talk** – Miss having conversations with other parents? Need to vent? Need advice? Well, this is for you! No agendas, no topics, just catch up with your peers from the center!

**Our Mission:** The Family Center of Queen Anne's County's mission is to empower parents and children to shine!

**Our Vision:** The Family Center of Queen Anne's County's vision is to empower and encourage families to reach their highest potential. We help provide the best possible start in life for families through a nurturing and welcoming environment. We are committed to working in partnership with families while respecting individual and family strengths.

**Our Goal:** The Family Center of Queen Anne's County is sponsored by the Queen Anne's County Public Schools. Funding provided by Maryland Family Network, and our generous community. Our goal is to support families with young children (prenatal until their fourth birthday) in becoming prepared for school success by empowering and educating parents to be their child's first and most important teacher.

Find us at [www.qacps.org/Page/339](http://www.qacps.org/Page/339) or listed under Programs on QAC Public Schools website [www.qacps.org](http://www.qacps.org)

