

GET CONNECTED. GET HELP.

- | | |
|---|---|
|  Aging Disability |  Legal |
|  Childcare |  Mental Health |
|  Employment |  Substance Use |
|  Food |  Taxes |
|  Health Care |  Utilities |
|  Housing |  Veterans |
|  Immigration | |



Call 2-1-1
24/7/365



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LISTEN



IDENTIFY NEEDS



LOCATE RESOURCES



FOLLOW-UP CALL

TRANSLATION FOR 150+ LANGUAGES

211 Programs are Free and Confidential

CALL 2-1-1

Let 211 specialists help you navigate 7,500+ statewide resources to find local health and human services. You can also search 211md.org.

211 HEALTH CHECK

Engage with a person who cares about you and get tools and resources to ease your mind and stress.

SUPPORTIVE MESSAGES

Sign up for informational and motivational messages.

PARTNERSHIPS POWER OUR PURPOSE



Residents of Caroline, Dorchester, Kent, Queen Anne's and Talbot:

To sign up for updates on community resources, text keyword **MidShore** to **898-211**.