QUEEN ANNE'S COUNTY PUBLIC SCHOOLS
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*****NEWS RELEASE*****
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QUEEN ANNE'S COUNTY PUBLIC SCHOOLS PARTNERS WITH KENT ISLAND MARTIAL ARTS TO EXPAND PHYSICAL EDUCATION OFFERINGS

Stevensville, MD – Queen Anne's County Public Schools is excited to announce a new partnership with Kent Island Martial Arts Center to enhance physical education offerings and promote lifelong wellness among students in grades K–12.

"We are always looking for innovative ways to engage students in physical activity and build healthy habits for life," said Michael Page, Supervisor of Physical Education for Queen Anne's County Public Schools. "This collaboration brings a fresh approach that blends movement with important positive behavioral outcomes."

Kent Island Martial Arts Center, an accredited self-defense school that has proudly served the Kent Island community for over 30 years, recently visited physical education classrooms across the county to lead students in a dynamic, non-contact lesson focused on character development, physical fitness, and mental focus. The lesson emphasized the many life skills students can gain from martial arts training—such as confidence, discipline, respect, and improved concentration—which are vital to success both in and out of the classroom.

"We are honored to work with local schools to share the benefits of martial arts education with even more children in our wonderful community," said Stephanie Smith, Program Director, from Kent Island Martial Arts. "Our mission is to help students excel not just physically, but in every aspect of their lives."